

## Salutations to the Elements

*All together, preferably standing*

**O, all-productive Earth,  
we humbly offer our homage to Thee.**

*Standing straight, arms down slightly out from sides, palms parallel to the earth*

**O, all-purifying Water,  
we willingly offer our homage to Thee.**

*Hands at forehead, fingers pointing downwards almost touching, imitating water dripping*

**O, all-consuming Fire,  
we wholeheartedly offer our homage to Thee.**

*Hands crossed over head, right in front of left, fingers upward, imitating a flame*

**O, all-pervading Air,  
we gladly offer our homage to Thee.**

*Arms in the same position as above wrists crossed waving slightly front-to-back*

**O, Ether, essence of all,  
we passively offer our homage to Thee.**

*Arms crossed over chest, right over left, with hands on shoulders*

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