

ZIRAAT TEACHINGS

Cultivating the Mind

The human mind contains various possessions collected and accumulated throughout life, some lying on the surface of the mind and others buried in it, desirable and undesirable; all sorts of impressions, right and wrong thoughts, conceptions of good and bad, memories of sins and virtues, merits and defects. All lie there buried.

Some take root in the soil of the human heart; others are hindered by not having scope for seeding. In this way, the human mind becomes a wild forest where flowers and weeds both grow, a soil whose purpose is to become fertile wherein the substance for life may be produced.

The uncultivated mind is a barren desert where the soul is starved for the food it hungers after. Every effort that one makes to turn this desert into fertile soil is action done in the right direction.

On one side, by the Jemal attitude, that is by thinking and reading about the value and purpose of one's mind, one cultivates the ground within oneself.

By the Jelal attitude, that is by the power of the mind, one is able to accomplish one's work.

One's own self is the plough; understanding and power are the two wheels of the plough. With this plough, one works on the soil of the mind and takes away frost, all roots of flowers and thistles both, thus making the ground free from every kind of root and stone, making it softer and smoother, almost ready to sow the seed.

Words of the Great Farmer - Ziraat Lesson Two
