

ZIRAAT TEACHINGS

Purification of the Mind

Roots which become settled in the uncultivated ground of mind are of different tendencies: the tendency to like or dislike, to love or hate, the tendency to yield or dominate. Desirable tendencies, if left in an uncultivated soil to grow by themselves prove in the end profitless, for they have not sufficient scope to grow together with the undesirable ones, and these cannot be rooted out without taking with them some of the desirable ones.

It is the clearing away of the whole foreign element from the soil that is necessary in order to fully cultivate the ground. Ploughing, therefore, is not purposed to remove only the roots that are not needed there but also those which are needed.

The process of purification does not mean that all which is desirable should remain and the undesirable be thrown out. It means that every substance that is to be purified must be purified of all that is foreign to it, in other words, of that which does not belong to it.

Many good tendencies, when growing with a bad one, lose their value, for the good tendency has no scope to grow together with the bad. Therefore, in order to cultivate the mind, good and bad tendencies both should be rooted out.

It must be remembered that there is no loss if the good ones are rooted out with the bad, for mind in its essence is incomparably superior to all good tendencies.

By cultivation of the mind, when the foreign element is rooted out, the mind becomes pure, and the person becomes one's own self.

Words of the Great Farmer - Ziraat Lesson Four
