

# ZIRAAT TEACHINGS

## The Method of Ploughing

Before a field can be sown with fresh seed, everything previously sown there must be cleared away, the field left empty and bare to the purifying rains and winds of God. But even that is not enough, for underneath the brown earth, deep down and hidden from sight, there may be many old roots and stems of a past Harvest.

All these must be uprooted before the sowing can begin. This is the work of the Plougher who, once having begun work, must continue to the end, for “no one having put their hand to the plough and looking back, is fit for the Kingdom of God.”

Every part of the field must be ploughed up and the furrows made straight and deep. From Sunrise to Sunset must one labor until the field is ready for sowing. Nevertheless, of this task one must not weary, for in the heart of the Plougher is the joy of a fresh beginning and the labor of one’s hands shall be blessed. In the solitude of one’s toil, one shall not feel alone for, in one’s Soul one heareth the “Song of Return”.

Blessed is the one who thus prepareth the field.  
Verily, one’s feet shall tread on the Path of Wisdom.

*Teachings of the Great Farmer – Hazrat Inayat Khan*

