

# ZIRAAT TEACHINGS

## The Method of Harrowing

In the ground, there are to be found deep roots and roots that are still lying on the surface. There are also pebbles which are sticking in the ground and others lying on the surface. In ploughing, much of the undesirable element is taken away from the ground and yet much is still to be found. It is in harrowing that we must clear away what is remaining.

Deep roots are feelings that have taken a root in the subconscious mind. They are feelings of malice, of prejudice, of jealousy, of deceit; the feelings of conceit, of contempt, of revenge, and of spite. The roots which are lying on the surface are the ill-manners; such as the cutting word, the rude movement, the insolent form, the harsh voice and crude gestures. By deeply rooted pebbles is meant beliefs, superstitions, habits, weaknesses which still exist in the mind. The pebbles on the surface are tendencies, inclinations, thoughts and imaginations that lead to wrongdoing.

The human mind is likened to the treasure buried in the ground; it needs digging. And when the earth and stones that cover the treasure are removed, then the treasure manifests to view.

The Harrowing, therefore, is the finishing of that clearing process which began in the form of Ploughing.

*Teachings of the Great Farmer - Hazrat Inayat Khan*

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