

ZIRAAT NEWSLETTER

North America & Oceania

April 2024

ANNOUNCEMENTS - 2024

Ziraat Online Series

Nature Spirits and Communicating
Intuitively with Nature
2nd Friday of month (April – May)

Emerald Earth Retreats

Kainat Norton & Muinuddin Smith
12-14 April – The Abode, New York

Earth Day - Gaia Sings

Sat 20 April 6pm (ET)
Registration required

Cultivating Ziraat

Introductory Training – 6 weeks
May 26 – June 30 (by Zoom)
Registration required

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Photo: Pexels -photo-391522

*All earthly knowledge
is as a cloud covering the sun.*

~ Hazrat Inayat Khan (Bowl of Saki, March 23)

Hazrat Inayat Khan

Complete Sayings: Aphorisms #1724

*When the sun is clouded, the light does not reach the earth;
and so, it is with the soul, which is divine and full of light. If it
is thickly covered with clouds, then a person does not receive
the light which is in the soul itself.*

Message Volume 2-13

*A person brings unhappiness upon oneself by holding in one's
hands the clouds of bad impressions, which fall as a shadow
upon one's soul.*

*Once a person is able to clear from one's mind, by whatever
process, the undesirable impressions, a new power begins to
spring from the heart.*

*This opens a way to accomplish all one wishes, attracting all
one requires, clearing one's path of all obstacles, and making
one's atmosphere clear, for one to live and move and to
accomplish all one wishes to accomplish.*

Method of Ploughing

*Before a field can be sown with fresh seed, everything previously
sown there must be cleared away, the field left empty and bare to
the purifying rains and winds of God.*

*...In the heart of the Plougher is the joy of a fresh beginning and the
labor of one's hands shall be blessed.*

ZIRAAT - INTRODUCTORY TRAINING

Cultivating Ziraat - is a series of 6 introductory classes for those wishing to learn about the Ziraat Activity.

Classes will be held by zoom:

- Overview of Ziraat
- The Ziraat Lodge
- Attuning to Nature
- Ziraat Symbology
- Addressing the Eco-Crisis
- Ziraat Initiation

Dates: May 25, June 1, 8, 15, 22, and 29
(Oceania one day later)

The series is free of charge.

Please Register: ata@towardtheone.com



HOMAGE TO AIR

*O, All-Pervading Air,
We gladly offer our homage to Thee.*

Ziraat Initiation Optional Vows – (Air) [Reception of Workers](#)

Will you honor and protect the Air with gratitude,
allowing Air to blow away that which you no longer need, and
allowing Air to creatively inspire you in your service in the world?

An alternative form of the Salutations – (Ziraat Papers 2012)

“O, Clouds! Symbol of Earth’s Sacrifice, we humbly offer our homage to Thee.”

“O, Rain! Symbol of Heaven’s Purity, we willingly offer our homage to Thee.”

“O, Lightning! Symbol of the Divine Destroyer, we whole-heartedly offer our homage to Thee.”

“O, Thunder! Symbol of the Divine Word, we gladly offer our homage to Thee.”

“O, Space! Symbol of the Divine Silence, we passively offer our homage to Thee.”

Hazrat Inayat Khan – (Vol II – Part I – Chapter VII Music)

When we pay attention to nature's music, we find that every thing on the earth contributes to its harmony. The trees joyously wave their branches in rhythm with the wind; the sound of the sea, the murmuring of the breeze, the whistling of the wind through rocks, hills and mountains; the flash of the lightning, and the crash of the thunder, the harmony of the sun and moon, the movements of the stars and planets, the blooming of the flower, the fading of the leaf, the regular alternation of morning, evening, noon, and night, all reveal to the seer the music of nature.

PRACTICES

Nature Meditations

Choose one of the four phrases below to place in the swing of the breath. Memorize the phrase by saying it aloud a few times, then repeat the relevant part of the phrase as you breathe IN and OUT. Then, continue breathing in a natural rhythm, without the words and notice what arises.

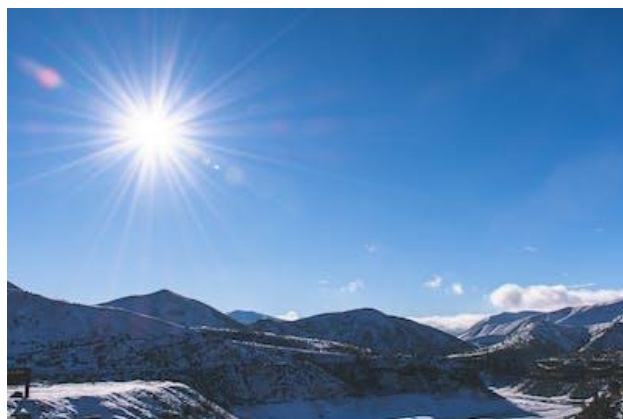
- Air

Inhale: **Speak God, to me**

Exhale: **Through the air.**

Exhale: **In the touch of the air**

Inhale: **I feel thy sympathetic caress.**



- Blue

Exhale: **In blue I see**

Inhale: **The purity of thy nature.**

Inhale: **Out of blue comes thy uplifting influence**

Exhale: **Which raises me from Earth.**

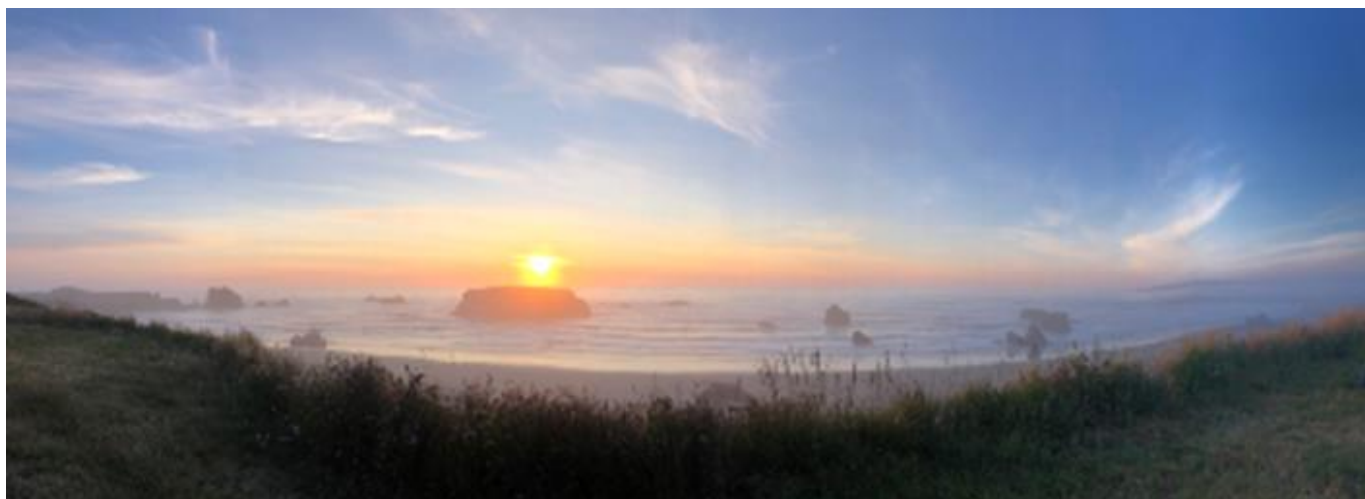
Emerald Contemplation (#1)

My conscientious self: Sense the presence of Nature in each breath.

Divine Name related to the Air Element ([The Holy Mysteries of the Five Elements](#) p69)

Al Hayy -- the living, the alive, the everlasting ... the living presence of everything

"Al Hayy is filled with vitality; it is the inner life of the heart. Repetition of Ya Hayy arouses a kind of life energy and freedom that is an antidote to the deadened condition of the heart that is often the result of grief and sorrow." (Physicians of the Heart)



EVENTS – APRIL & MAY 2024

Ziraat Spring 2024 Series – (2nd Friday of month)

Nature Spirits and Communicating Intuitively with Nature

April 12th – The Tender Fabric of the Spirit of Nature with Devi Tide and Jamia Haqq

May 10th – Learning to Breathe with the Earth with Robert Karbelinkoff

Session times:

N. America / Canada: 3-4:30 pm Eastern Time,

Central Europe Time: 9-10:30 pm

Saturday in Oceania: 5am Australia – NSW | 7am NZ,)



Recordings of previous sessions

- Feb 2024: [Jewels of the Heart](#), an introduction to Gemstones – Mahbano Scase (NZ)
- Mar 2024: [Mysticism of Sound and Nature](#) – Maryam Hasnaa At-Tauhidi

SPRING RETREATS 2024



April 12-14 Abode of the Message, New Lebanon, NY

Come to this retreat in Nature in the beautiful Berkshire mountains. All are welcome!

Registration: <https://www.theabode.org/offerings-events>

Contact: Wahaba@theabode.org

INAYATIYYA EARTH DAY CELEBRATION 2024



Earth Day – Gaia Sings

A combined Ziraat & Music Offering

Sat 20th April (USA) 6 – 7:30 pm (ET)

(Sun 21st – Oceania: 8 am AEST, 10 am NZ)

- * Tobacco Offering – LatifaNoor & Mu'izza
- * Music Offerings – LatifaNoor, Mu'izza
Lauraine, Saki Lee
- * Element Attunements
– Saraswati, Aziza, Mariam, Nehmat

[Link to Program & Registration](#)

COMMUNITY CONTRIBUTIONS

*from Saraswati
and Wali*

The Ultimate Goal of Farming

Masanobu Fukuoka – author of The One Straw Revolution

<https://finalstraw.org/en/masanobu-fukuoka-and-natural-farming/>

“The ultimate goal of farming is not the growing of crops,
but the cultivation and perfection of human beings.

When it is understood that one loses joy and happiness in the attempt to
possess them, the essence of natural farming will be realized.”

... “the daily process of establishing spiritual health can bring about a practical
and beneficial transformation of the world”

... “simply live in nature and apply [yourself] to [your] daily work.”

from Wali Via

Living Power of Good Deeds

This living power to grow, adapt, and proliferate is goodness itself.

By contrast, what we call “evil” thwarts harmonious proliferation by preventing
flowering altogether or starving the seeds of their connection to the past. But
real seeds, life itself, unfolds endlessly.

You can eradicate all the life in a field and the very same season it will burst
forth with green vegetation. You can spray biocides and life adapts.

Consider the humble dandelion capable
of breaking through asphalt. Our
morally worthless deeds are like
pavement, but our good deeds are like
dandelion seeds. Pavement must be
maintained by effort. Left by itself,
vegetation wins over dead asphalt. One
dandelion seed does not create just one
more plant, but rather it reproduces
exponentially.



Even though the power to act at all comes from elsewhere, the value of our
good deeds outweighs the bad, because what is good is alive and proliferates.

A true gift of kindness, out of what is justly earned, is not merely a karmic
benefit to ourselves, but an unfolding fractal of goodness.

Stuart Lundy

From Aotearoa
(New Zealand)

*For love is in itself an essence, the essence; it is the sign of spirit.
All that a person touches with love will be given Light and Life.*

~ Hazrat Inayat Khan

[Tibetan Sand Mandalas](#)
Article by Joshua J Mark



Source: [Pinterest](#)

Be humble. Only fools take pride in their station here,
trapped in a cage of dust, moisture, heat and air.
No need to complain of calamities, this illusion of a life lasts but a moment.
Shaikh Abu Saeed Abil Kheir - "Nobody, Son of Nobody" - Vraje Abramian

Prayer for the World

O Thou, the almighty sun, whose light clears away all clouds,
We take refuge in Thee.
Sovereign of all people, God of all deities, Lord of all angels, we pray Thee:
Dispel the mist of illusion from the hearts of the nations
and lift their lives by Thy all-sufficient power.
Pour upon them Thy limitless love,
Thy ever-shining light, Thy everlasting life,
Thy heavenly joy and Thy perfect peace. Amen

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